

FRIENDS OF HANK AARON STATE TRAIL CHANGE Coalition

CHANGE COMMUNITY

The defined community is the area adjacent to the eastern half of the Hank Aaron State Trail (N=Highland Blvd, W=44th Street, S=Greenfield Ave, E=Lake Michigan)

SUMMARY AND CONCLUSIONS

The CHANGE Coalition thanks the many providers and organizations who completed the community health assessment.

Based on the results of the assessment we will work to

1. strengthen the bikeability of our community by improving the real and perceived safety of cycling, increasing the access to cycling routes and raising awareness of shared resources;
2. increase participation for walking for health and utilitarian purposes by improving the real and perceived safety of walking routes indoors and outdoors and raising awareness of shared resources;
3. increase awareness of and access to healthy food options in our community.



FOR MORE INFORMATION

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Dedicated to enhance access to physical activity and nutrition for the residents, employees and citizens of our community

Dedicated partners include the Friends of Hank Aaron State Trail, Menomonee Valley Partners, Milwaukee Area Technical College, Milwaukee Public Schools, Mitchell Park Domes, Mount Mary University, Urban Ecology Center and Wisconsin Department of Natural Resources.



COMMUNITY HEALTH ASSESSMENT

Interviews occurred with a total of 44

- community-based organizations, churches
 - professional and manufacturing worksites,
 - hospitals, federally funded health centers, and
 - public and private schools
- to identify policies and environmental aspects of physical activity, nutrition, chronic disease prevention and leadership in our community.

Although infrastructure (e.g., trails, streets, sidewalks) is strong and many good programs exist, with nearly 35% of our community's families living in poverty, access to healthy resources is limited. Barriers, both real and perceived, put these families at greater risk for health issues related to lifestyle.



CDC's Healthy Communities Program

The CHANGE Coalition relies on the knowledge, skills and resources of our members to embark on new ventures that leverage resources to promote healthy lifestyle practices in our community.